



STUDENT ASSISTANCE PROGRAM

Whether you're looking to speak with a licensed mental health professional, a CPA for help with financial planning, or an attorney for a legal issue, the Student Assistance Program at Adler can help — and there is no cost to utilize this service.

Take advantage of **12** free therapy sessions and support for concerns surrounding:

- » Anxiety.
- » Domestic relationships.
- » Depression.
- » Grief.
- » Stress.
- » Substance use.
- » Other areas of concern.

HOW TO CONNECT TO CARE:

Go online or call to get started.

guidanceresources.com

Web ID: ADLER

- » Go online.
- » Select your presenting problem.
- » Select from a list of licensed counselors.

844-230-9697

A representative will assist you in making your selections.

If you have any questions or concerns, email StudentAffairs@adler.edu.