

Adlerian Principles

Teaching to Adlerian Principles in Courses

Be Socially Embedded

- We want to Belong
- Problems are Social Problems
- Mental Health & Social Interest
- Well Adjusted vs. Maladjusted
- Consider
 - How can we talk more about this while teaching?

Self-Determination & Creativity

- We are Active Participants
- We are Decisive
- We Can & Do Change
- Finding Meaning & Value
- Consider
 - How do you see this as part of teaching and learning?

Goal Directedness

- Teleology
- Purposive Behavior
- Dynamic Striving
- Goals Offer Recognition and Choice

Subjectivity

- Environment & Heredity are Influences
- Personal Perceptions of Reality
- Unable to be Objective about Ourselves
 - Reality is How We Feel
- Consider
 - How you will handle subjectivity as an instructor
 - How you will discuss subjectivity with students
 - How can discussing subjectivity lead to more aware, perceptive conversations?

Holism

- Individual is not divided
- Search for Patterns to Complete Image
- How do you see Holism as part of teaching and learning?
 - Where does it sit with your pedagogy and with student learning?

Social Justice & Diversity

- Principles lead us to Social Justice & Diversity
- Social Justice
 - Issues & Movements
 - Social Inclusion & exclusion
 - Push & Pull
- Diversity
 - Populations
 - Issues
 - Students, faculty, & Courses
- Consider
 - How can you foster this in your courses?